

What to bring (suggested):

CLOTHING

Rain Gear (Jacket & Pants, or Poncho)
3pr. Wool or Synthetic Socks
3pr Underwear
Synthetic or Wool Long Underwear (Tops & Bottoms)
Gloves or Mittens
Wool or Winter Hat
1-2pr. Shorts
1-2pr. Long Pants
2 T-Shirts
2 Warm Shirts
1 Jacket
Bathing Suit
Towel
Hiking Boots
Sneakers

OTHER GEAR

Flashlight & Extra Batteries
Silverware/plate/cup (will be supplied, however having your own can be very useful.)
Sleeping Bag & Insulating Pad & Pillow
Tent & Ground Cloth
2 Water Bottles
4 EXTRA Plastic Garbage Bags (to keep dry gear dry and wet gear from getting dry gear wet)
Eyeglass Strap for kayaking
Toilet Paper and the basic Toiletries
First Aid Kit
Camera
Sunglasses
Compass
Trip Specific Gear (Rockclimbing Gear etc.)